

Sports Facilities:

The college actively promotes sports by organizing five key activities: Volleyball and Hockey (Men and Women separately) (Inter College HPU), Cricket (Inter College HPU and North Zone University Cricket Women's Championship), and an Athletic Meet at the college level. Although there is no indoor sports complex, the college offers various outdoor sports facilities such as a basketball court, badminton court, handball court, kabaddi mats, and a boxing ring. The gymnasium is fully operational, equipped with a 10-station multi-gym, treadmill, cycle, open weight-lifting platform, weightlifting sets, cross fits, dumbbells, and plates. It operates from Monday to Saturday with two instructors, open in the morning from 7:00 a.m. to 9:00 a.m. and in the evening from 5:00 p.m. to 7:00 p.m., ensuring ample opportunities for students to stay fit and engage in physical activities.

Allotment of Volleyball(M) and Hockey(M &F) (Inter College HPU)

Annual sports Calendar of Inter- College Championship for the year 2023-2024 - Men & Women Section

Sl. No.	Name of the Game	Name of Host College	Eligibility Performa	Dates of Inter College
1.	Athletics Men/Women	Venue not yet Decided	The Performa will be checked at the venue of Inter College by Observer	-----
2.	Cricket (M)	Written request for participation be sent on or before 15.09.2023	-----do-----	-----
3.	X-Country (M & W)	Govt. College Jawalaji	-----do-----	19 th September,2023
4.	Shooting (M & W)	PG Centre HPU, Shimla	-----do-----	19 th to 21 st September,2023
5.	Wushu (M & W)	Govt. College Bhoranj	-----do-----	4 th to 6 th October,2023
6.	Kho-Kho(M)	Govt. College Sujampur	-----do-----	5 th to 7 th October,2023
7.	Football(M)	Govt. College Chamba	-----do-----	10 th to 13 th October,2023
8.	Kabaddi (M)	Gautam College Hamirpur	-----do-----	18 th to 21 st October,2023
9.	Judo (M & W)	RKMV Shimla	-----do-----	26 th & 27 th October,2023
10.	Basketball (M)	DAV College Kangra	-----do-----	26 th to 28 th October,2023
11.	Volleyball (M)	Govt. College Una	-----do-----	29 th to 31 st October,2023
12.	Handball (M&W)	MLSM College Sundernagar	-----do-----	2 nd to 4 th November,2023
13.	Table-Tennis (M & W)	Govt. Skt. College Sundernagar	-----do-----	3 rd & 4 th November,2023
14.	Wrestling (M & W)	Gayatri College of Education	-----do-----	6 th to 8 th November,2023
15.	Badminton (M)	Govt. College Sunni	-----do-----	7 th & 8 th November,2023
16.	Chess (M & W)	Govt. College Amb	-----do-----	15 th to 17 th November, 2023
17.	Taekwondo (M & W)	Govt. College Dhami	-----do-----	17 th to 19 th November 2023
18.	Boxing (M)	Vallabh Govt. College Mandi	-----do-----	21 st to 23 rd November,2023
19.	Weightlifting (M & W)	Govt. College Daulatpur Chowk	-----do-----	1 st to 3 rd December,2023
20.	Canoeing & Kayaking (M&W)	Govt. College Dehri	-----do-----	24 th & 25 th November,2023
21.	Yachting (M & W)	Govt. College Dehri	-----do-----	
22.	Hockey(M&W)	Govt. College Una	-----do-----	23 rd to 26 th November,2023

Annual sports Calendar of Inter- College Championship for the year 2023-2024 -Women Section



Sl. No.	Name of the Game	Name of Host College	Eligibility Performa	Dates of Inter College
1.	Badminton (W)	COE Govt. College Sanjauli	The Performa will be checked at the venue of Inter College by Observer	12 th & 13 th Oct. 2023
2.	Football (W)	PG Centre HPU Shimla	-----do-----	4 th to 6 th October,2023
3.	Basketball(W)	Govt. College Theog	-----do-----	6 th & 7 th October,2023
4.	Kabaddi(W)	Govt. College Kandaghat	-----do-----	11 th & 12 th October,2023
5.	Kho-Kho(W)	Govt. College Seraj at Lambathach	-----do-----	11 th to 13 October,2023
6.	Volleyball(W)	MLSM College Sundernagar	-----do-----	19 th to 21 st October,2023
7.	Cricket(W)	Govt. College Rampur	-----do-----	25 th to 27 th October,2023
8.	Boxing (W)	Govt. College Arki	-----do-----	29 th & 30 th November,2023

INSTRUCTIONS:-

The Eligibility Performa be directly send to the host college duly attested from the Principal Concerned for checking the Eligibility of the players.


 (Prof. Hari Singh)
 Director
 Dte. of Phy. Edu. & Y.P.

Allotment of Cricket (Inter College HPU and North Zone University Cricket Women's Championship


HIMACHAL PRADESH UNIVERSITY SUMMER HILL SHIMLA
 (NAAC ACCREDITED GRADE "A")
DIRECTORATE OF PHYSICAL EDUCATION & YOUTH PROGRAMME
 Email: directorsportshpu95@gmail.com


Prof. Hari Singh
 Director (94181-19061)

Dated: 08.11.2023

FIXTURE
NORTH-ZONE INTER UNIVERSITY CRICKET (WOMEN) TOURNAMENT
FOR THE SESSION 2023-24.
POOL- A

LPU Jalandhar					
1. P.U. Patiala					
2. Bye		17.11.23			
3. Lucknow Univ.		9 AM (G-2)			
4. CCSU Meerut	16.11.23			20.11.23	
	1 PM (G-2)			9 AM G-1	
5. MS Univ. Saharanpur			19.11.23		
6. CSJM Kanpur	16.11.23		9 AM G-2		
	9 AM (G-2)				
7. SVSU Meerut		18.11.23			
8. Bye		9 AM G-2			

SF-1

Director
 Physical Education &
 Youth Programme
 H.P. University, Shimla-171005

POOL-B

1. HP University Shimla					
2. Bye		17.11.23			
3. MJP Univ. Rohilkhand		1 PM (G-1)			
4. Univ. of Jammu	16.11.23				
	10 AM (G-1)				
5. IGU Meerpur Rewari			19.11.2023		
6. Dr. BRA Univ. Agra	17.11.23		1 PM (G-1)		
	9 AM (G-3)			20.11.23	
7. Bundelkhand Univ. Jhansi		18.11.23			
8. Bye		1 PM (G-1)			
PU Chandigarh					

SF-1

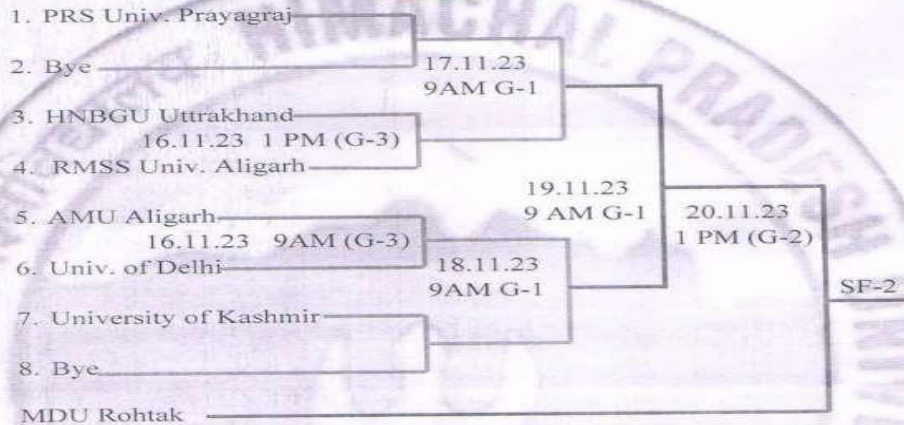
Director
 Physical Education &
 Youth Programme
 H.P. University, Shimla-171005

POOL-C

GNDU Amritsar



POOL-D



Note: First Semi Final Match will be played between POOL-A V/S POOL-B on dated 21.11.2023 at 10:00 AM to 1:00 PM in Ground No. (01) and Second Semi Final Match will be played between POOL-C and POOL-D on dated 21.11.2023 at 10 AM to 1:00 PM in Ground No.(02)

- ❖ Third place match will be played on dated 21.11.2023 at 2:00 PM in Ground No. (02)
- ❖ Final match will be played on dated 22.11.23 at 11:00 AM in Ground No. (01)

Prof. Hari Singh
 Director
 Physical Education &
 Youth Programme
 H.P. University, Shimla-171005

General Instructions

1. All matches will be played as per AIU rules & regulations.
2. The decisions of the officials will be final.
3. The matches will be held as per scheduled mentioned in the fixture (Copy enclosed).
4. Teams should report 45 minutes before the scheduled match.
5. The Director Sports/Organizing Secretary reserves the right to make any changes in the fixtures, if needed.

Sr. No.	Name of the Event	Venue of Competition	Event Date
1.	North Zone Inter University Cricket (Women) Championship	Govt. College, Una, Distt. Una (H.P)-174303	16 th to 22 nd November, 2023

DETAILS REGARDING THE CHAMPIONSHIP ARE AS UNDER: -

1. North Zone Inter-Varsity Cricket (Women) Championship will be held at Govt. College Una (H.P)
2. All the teams should report directly at Govt College Una (H.P) situated on NH-5, 120 Kms from Chandigarh and 161 Kms from Amritsar & 160 km from Ambala. The district has a well-connected with Rail and Road network, the railway station being around 3 km and the bus stand being 2 km from the venue (Govt. College Una) and local bus and auto facility from both locations is available. For any further queries regarding travel, please feel free to contact **Dr. Raj Kumar, Organizing Secretary (M) 70185-67049** or **Sh. Ramesh Kumar (M) 85807-69401**.
3. Accommodation will be available for only one day before the match and the team will be required to vacate the rooms within 24 hours of their last match. Carpets, Darie, Bedding and Buckets will be providing on the chargeable basis.
4. Teams are requested to submit their Eligibility Performa in **quadruplicate** duly filled in typed and signed by competent authority Director, Physical Education & Y.P. /Sports Secretary on their arrival. Team produëing incomplete particular Performa will not be allowed to participate in the tournament. No cutting overwriting is permitted on particulars of eligibility Performa.
5. All the players should produce photocopy of the Certificate metric, +2, BA and P.G. duly attested by the Director/Secretary (Sports) of the concerned university along with their eligibility certificate will be required. All the players are required to bring their Identify Cards of the current session duly signed by the Director Sports/Sports Officer of the concerned University.
6. Please confirm your participation telephonically to **Dr. S.K. Bansal, Principal, Govt. College Una (M) 94184-61977 (Off) 01975-226035** and **Dr. Raj Kumar, Organizing Secretary (M) 85807-69401** alongwith the number of participants and details of Team Manager, Team Coach and Contingent Incharge before 15th November, 2023. Also send information through the college e-mail ID gpcuna68@gmail.com, gcuna-hp@nic.in for avoiding any miscommunication and confusion.
7. The weather at Una is slightly cold during November especially during mornings and evenings, participants are advised to carry mild-woolen clothing with them.
8. Only unfurnished lodging facility shall be provided one day before the start of the championship. Please do not send your teams in advance. For accommodation related queries, kindly contact **Dr. Sanjay Verma, Convener, Accommodation Committee (M) 94184-77736** and **Prof. Ajay Ramdev, Convener, Reception committee (M) 94160-35168**. A meeting of all the Managers and coaches of the teams will be held on 15-11-2023 at 04:00 pm. Managers and coaches are requested to attend this meeting in the office of the principal where all the necessary instructions will be given. Eligibility Performa of the teams will be collected at the time of the meeting.
9. The participating Universities should submit attested photocopies (duly attested by the competent authority) of D.M.C. of +2 class passed, Date of Birth mentioning certificate, last class passed certificate


and Graduation/equivalent certificate (if the player is studying in P.G. Course). The players will not be allowed to participate in this competition without these documents.

10. Competition will be conducted as per latest rules of BCCI as adopted by AIU. The matches will be in **Twenty- Twenty format.**
11. The decision of organizing committee will be final & binding.
12. Officiating Umpiring charges shall be charges as per latest rules of AIU.
13. As per AIU, New Delhi letter no. S/KIUG-2022-23 dated 31-10-2022 & No. S/ASC/2022-23 dated: - 03/11/2022, every participating University in both Men & Women separately in Zonal Inter-University championship & all India University shall remit Rs. 3000/- inclusive of GST per Game/Sports to Association of Indian University. Accordingly, you are requested to direct your team Coach/Manager to take necessary action in this regard as per above instruction of the AIU, New Delhi.
14. Therefore, all the participating universities are advised to deposit the said fee of Rs. 3000/- in advance to AIU, New Delhi. So, your team may be allowed to participate in North Zone inter-university (Women) Cricket Championship-2023.
15. The managers of the team will have to deposit a sum of Rs. 2,000/- per team as a Refundable Security to Organizing Secretary for accommodation facilities.
16. Teams are requested to bring their own locks for the safety of their belongings.
17. Detailed programme/Fixture and instructions for the competition are enclosed here with for information of participating university.
18. Team Managers/Coaches will be fully responsible for their players to maintain decorum discipline during competition & stay.
19. First aid services will be provided by the host university at the venue. In case major injury, the expenditure of medical expenses will be borne by the concerned University's Team manager.
20. Balls for the tournaments will be made available by the organizers on cash payment. Balls brought by any team will not be allowed for use.
21. Each team will be required to pay officiating charges per match.

Wishing you a happy journey and comfortable stay at Govt. College Una soliciting your cooperation in making the tournament a grand success. We are looking forward your timely arrival and reporting.

Contact for any query:

1. Dr. Raj Kumar, Organizing Secretary (M) 70185-67049
2. Sh. Ramesh Kumar (M) 85807-69401


Director
(Prof. Hari Singh) Education &
Youth Programme
Director,
Physical Education & YP
H.P. University, Shimla-05.
Dated: 08-11-2023

Copy to the:

1. Dr. Baljit Singh Sekhon, Joint Secretary Sports, AIU, New Delhi for kind information.
2. All Registrar/Director Sports/Sports Officer/Secretary Sports Committee/Council of all participating Universities for information & necessary action.


Director
Director
Physical Education &
Youth Programme
H.P. University, Shimla-171005

Athletics Meet Notice-cum-committee for 2023-24

Govt. College, Una HP.
No.GCU/Sports/-

Dated: - 14-02-2024

Office Order

The Committees of the following staff members are hereby constituted for the smooth conduct of College Annual Athletic Meet scheduled to be held on 21/02/2024. All the committees are required to make the necessary arrangement well in advance.

Chairman of the Meet: Dr. Meeta Sharma .
Marshal of the Meet: Prof Puneet Prem Kanwar.
Manager of the Meet :- Dr.Raj Kumar .

2-8
15/02/2024

Judges For Track:	JURY of Appeal
1. Dr. Bhagwan Dass	1.Principal- Dr.Meeta Sharma
2. Prof. Sanjay Sharma	2.Prof. Punnet Kanwar
3. Prof. Pawiter Dulari	3.Dr. Suresh Sumar
4. Prof. Promila Devi	4.Dr. Sanjay Verma
5 Prof. Monika Raizada	Sh. Rakesh Kumar Athletic Coach
6 Prof. Ashok Kapil	
7 Prof. Kiran Bala	
8 Dinesh Bvoc	
March Past Arrangement:	Reception Committee
1. Dr. Ashwini Kumar	1. Prof. Puneet Kanwar
2. Prof. Monika Khanna	2. Dr. Suresh Kumar
3. Prof. Gagandeep Singh	3. Dr. Sanjay Verma
	4. Dr. Ruchi Sharma
	3. Dr. Shveta Sharma
Time Keepers:	Judges For Jumps :
1. Prof. Rakesh Kumar	1.Prof. Sumit Sharma
2. Prof. Manav	2.Prof. Manjeet Singh
3.Prof.Love Jaswal	3. Prof.Ranju Banota
4 Prof. Richa Sharma	4 Prof. Vipul Gautam
Judges Throws:	5. Prof. Parveen Saini
1. Prof.Gagandeep Singh	6. Prof.Shamli Sharma
2.Prof. Karan Kumar	7. Prof. Vijay Kumar
3. Prof. Upasana	8.Prof. Rajni MCA
4. Prof. Nisha Sharma	9. Sh. Rajinder Singh, LA
5. Sh. Bhupinder Singh, LA	10.Sh. Charan Dass, LA

Race Starter:	Water Committee:
	1. Prof. Alka Rani
1. Prof. Sunil Dutt	2. Dr. Sunil Dutt
2. Prof. Vikas Saini	3. Prof. Shareysi Singh
3. Sh. Rakesh kumar Ath. Coach	4. Prof. Shivinder Kaur
4. Sh. Rajinder Singh, LA	3. Prof. Pooja Thakur
	4. Prof. Monika Raizada
	7 Ms Ritu Puri
	8 Mr Vikas Sharma
	9 Smt. Sunita Devi, LA
Record & Medical Aid	10 Sumitra Devi
1. Prof. Anita Saini	11 Sarita Devi
2. Prof. Yash Paul	
3. Prof. Aarushi	Refreshment Committee:
	1. Dr. Shveta Sharma
4. Sh. Charan Dass, LA	2. DR. Sham Singh
5. Sh. Sohan Singh	3. Prof. Karan
6. Smt. Disha Sharma	4. Prof. Vivek kumar
	5. Prof. Monika Thakur
Mic and Sound Committee:	6. Prof. Shivani Bhagat
1. Dr. Sanjay Verma	7. Prof. Nikita Sharma
2. Dr. Sham Singh	8. Ms. Bandana Sharma
3. Mr. Tarun Thakur	9 Prof. Gurpreet Kaur
4 Sh. Kuldeep Singh, Mech	10 Prof. Anu Sharma
	11 Smt Raj Rani Peon
Shamyana Committee:	Ground Committee
1. Prof. Madan Lal	1 Prof. Sumit Sharma
2. Prof. Jagmohan	2. Dr. Sunil Dutt
3. Prof. Varun Dhiman	3. Prof. Parveen Saini
4. Prof Yash Paul	4. Mr Satish LA
	5 Mr. Chander Pal
Announcement Committee:	6 Sh. Bhupinder Singh. LA
1 Amarjeet Singh Mann	7 Sh. Ramesh Kumar, Peon
	8 Sh Ram Lal Peon
Press and Photography:	9 Sh. Kapil Dev
1 Prof. K.K Pandey	10 Sh. Munish Kumar
2. Prof. Anita Saini	

HPU Inter-college Volleyball(Men)



HPU Inter-college Hockey(Women)



HPU Inter-college Hockey(Men)



Cricket (Inter College HPU and North Zone University Cricket Women's Championship)



College level Athletic Meet



Boxing Ring



Badminton Court



Gymnasium

